Patterns

Each of these samples incorporates all the 12 stitches. It is designed as such so that you can learn all the stitches while working on a single pattern. For more patterns, please visit our *3 Stitches at A Time* Project page.

1 The Color Wheel
This pattern will serve as a sampler for the 12 Basic Stitches and a color guide in the form of the color wheel!

2 Rolling Hills
This pattern will show you how each stitch looks against the other. The internal lines are mere guides, and you can draw your own stitch lines.

3 The Ocean
The texture of each stitch can be understood as you fill in the waves in this pattern. For those who love the ocean, this is a beautiful pattern.

4 The Universe
This is a mixed media project. Hand embroidery stitches can be fused with other mediums. Paint or color your pattern before you start stitching.

5 Happiness
Hand embroidery can be used for writing and decorating the space around it. Stitching positive words generate positive energy.

6 Wild Flowers
This pattern will show you how to use hand embroidery stitches in combination with each other and generate different effects. You can use the stitches in your own way too.

7 Mandala
For mindful stitching, nothing is as enjoyable as stitching a mandala. If you enjoy doing this, I encourage you to make more mandala designs of your own.

8 Dragonflies
This pattern will give you an idea of how a single layer of different stitches can be used for fillings. Check out the wings. They are outlined using the Back Stitch for a finishing.
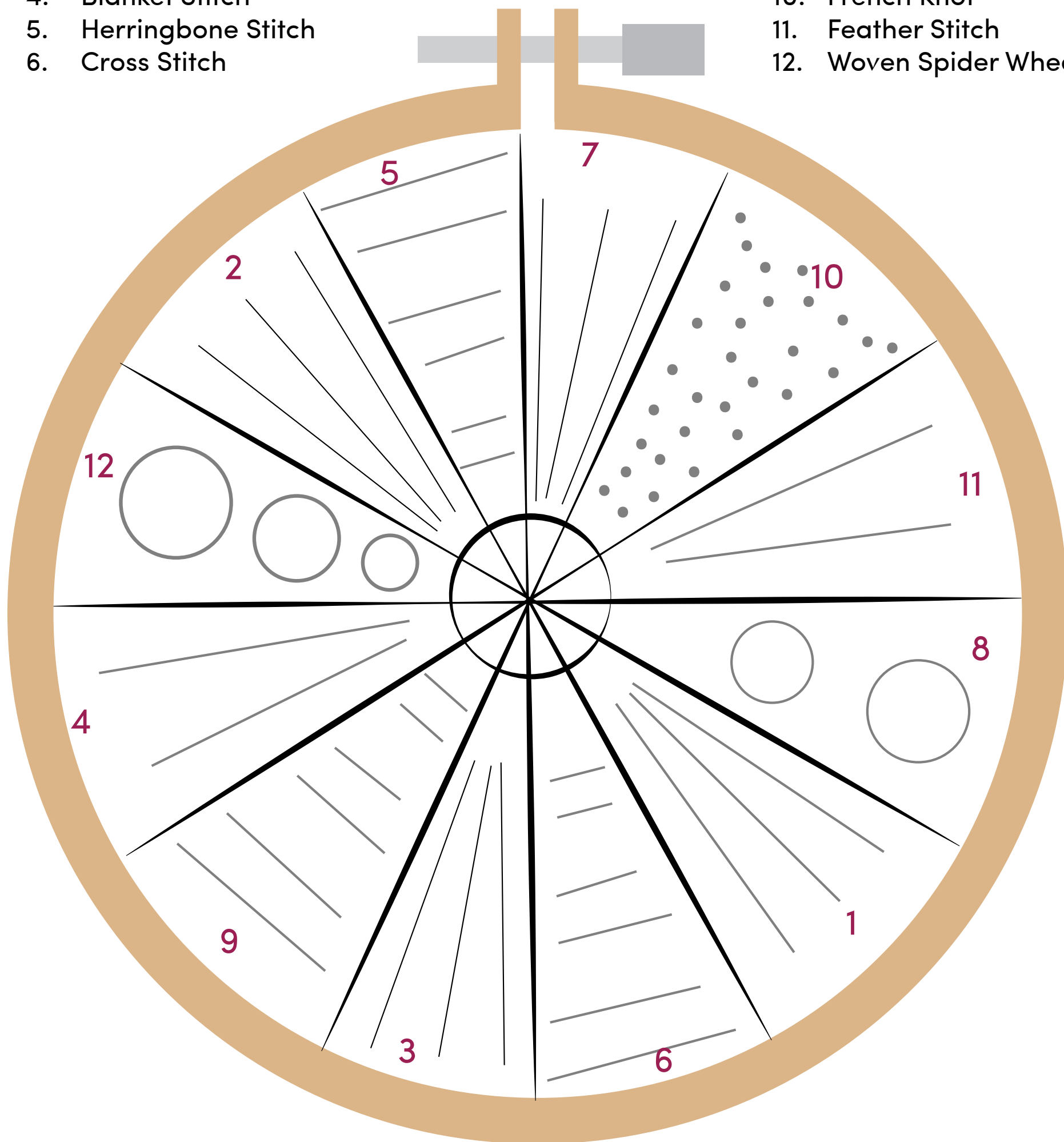
9 Flower Burst
This pattern will give you an idea of combining various stitches in different ways to fill in a larger area of fabric. Add your own floral designs if you like!

10 Pincushion
This is a project which involves a bit of sewing. Make yourself a simple pincushion to keep your working needles, while it shows you all the 12 Basic Stitches! You only need some fabric, and cotton or similar filling along with your hand embroidery tools.
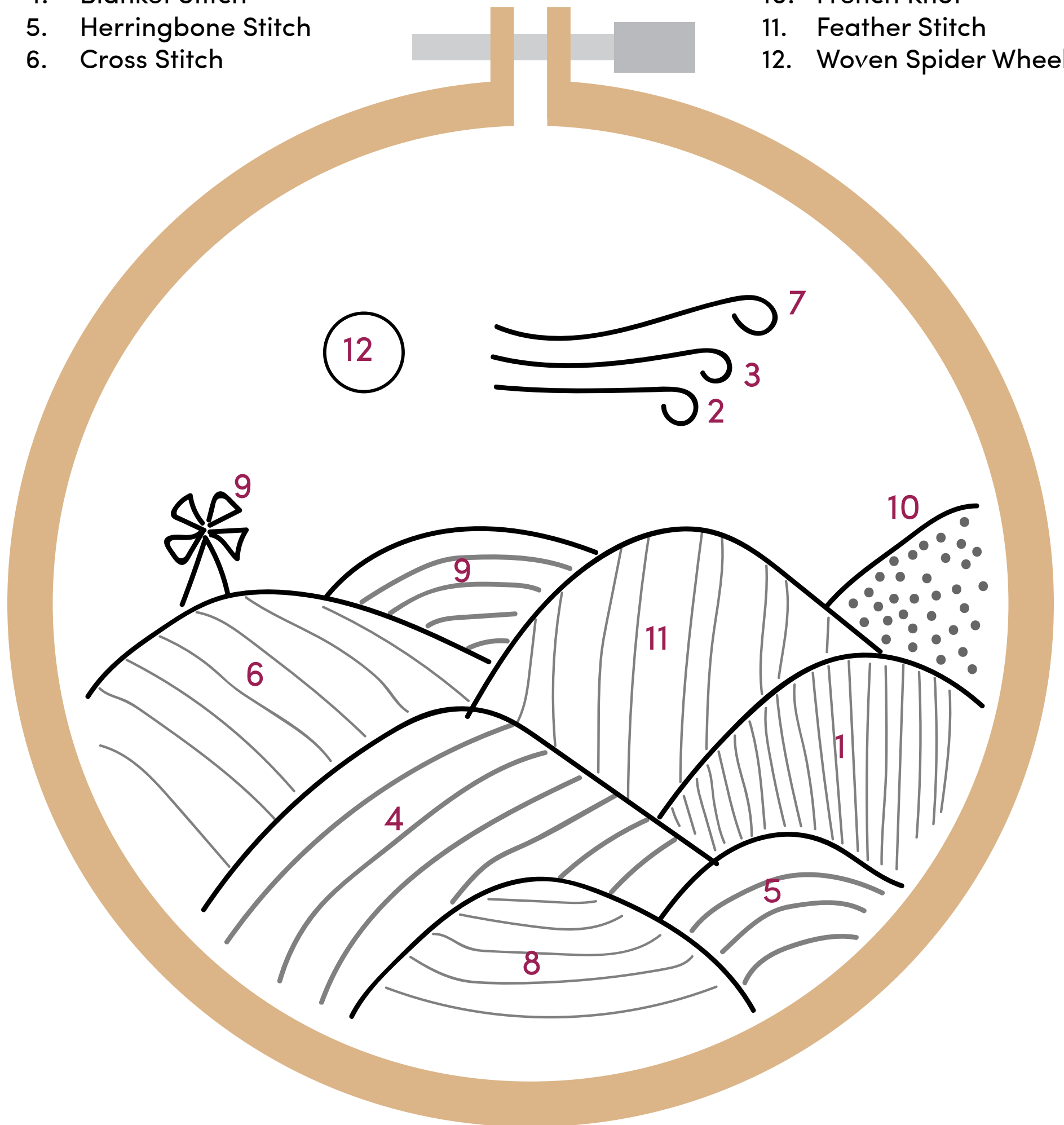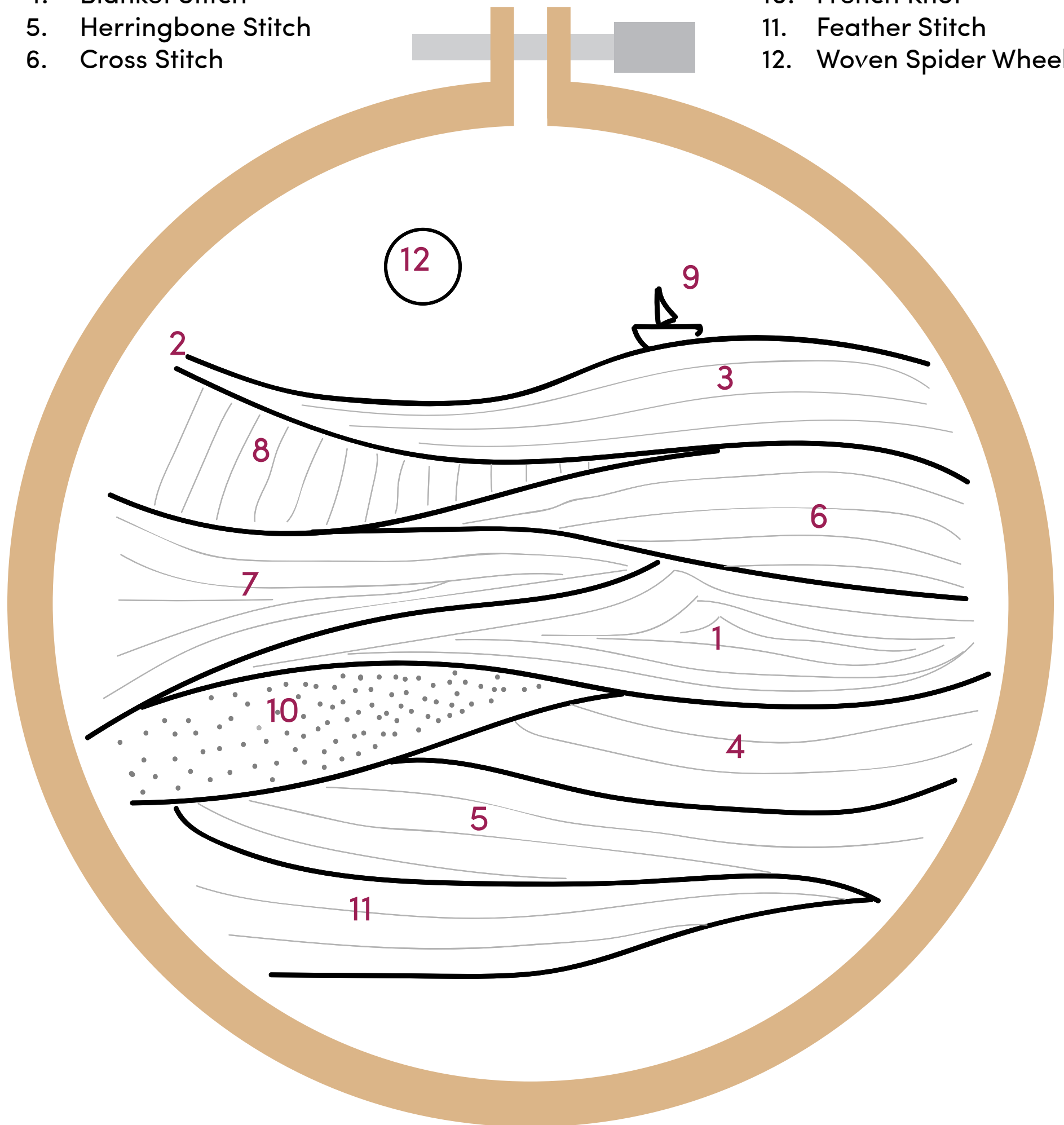
1. Running Stitch
2. Back Stitch
3. Stem Stitch
4. Blanket Stitch
5. Herringbone Stitch
6. Cross Stitch
7. Chain Stitch
8. Lazy Daisy
9. Satin Stitch
10. French Knot
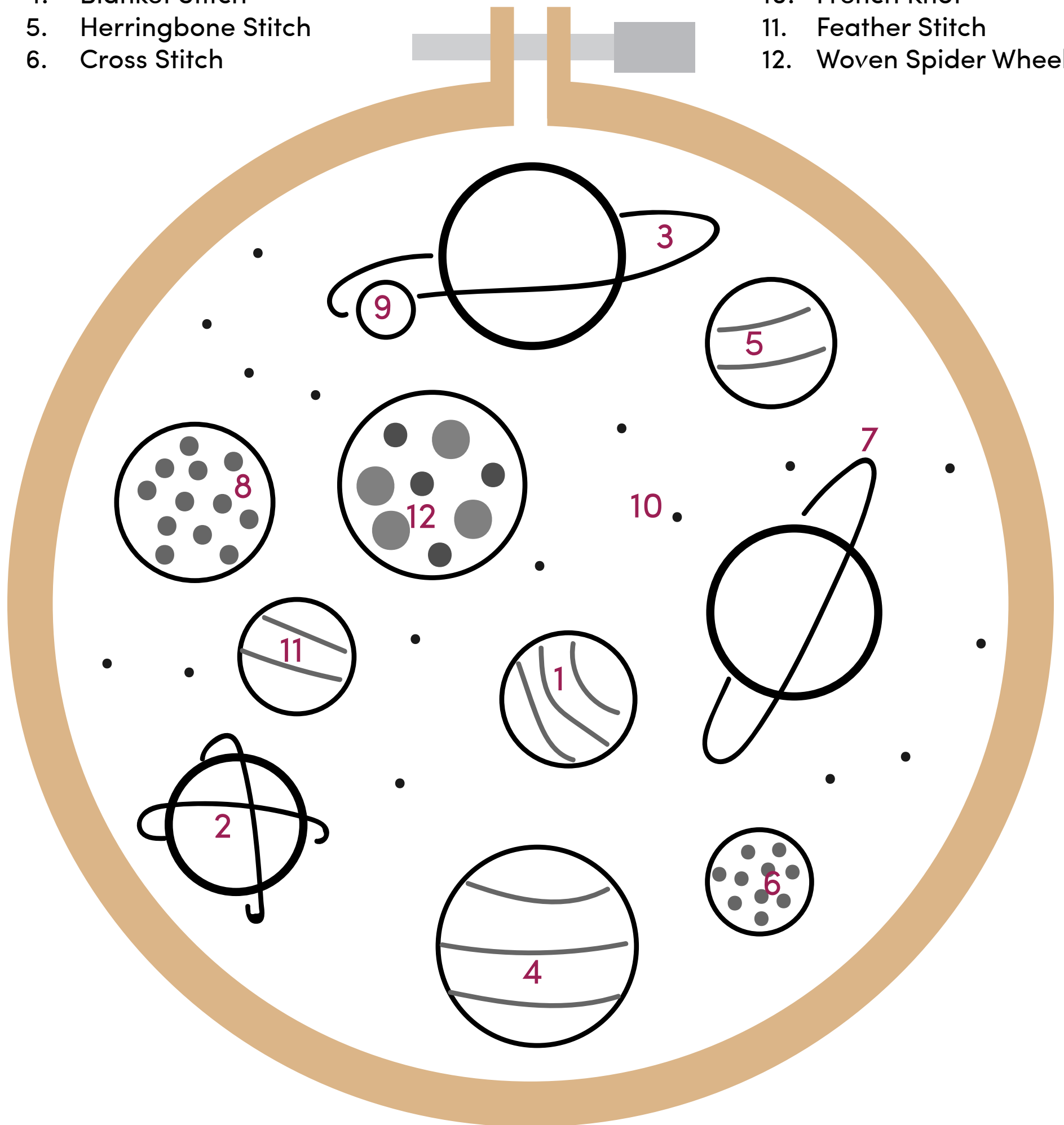11. Feather Stitch
12. Woven Spider Wheel

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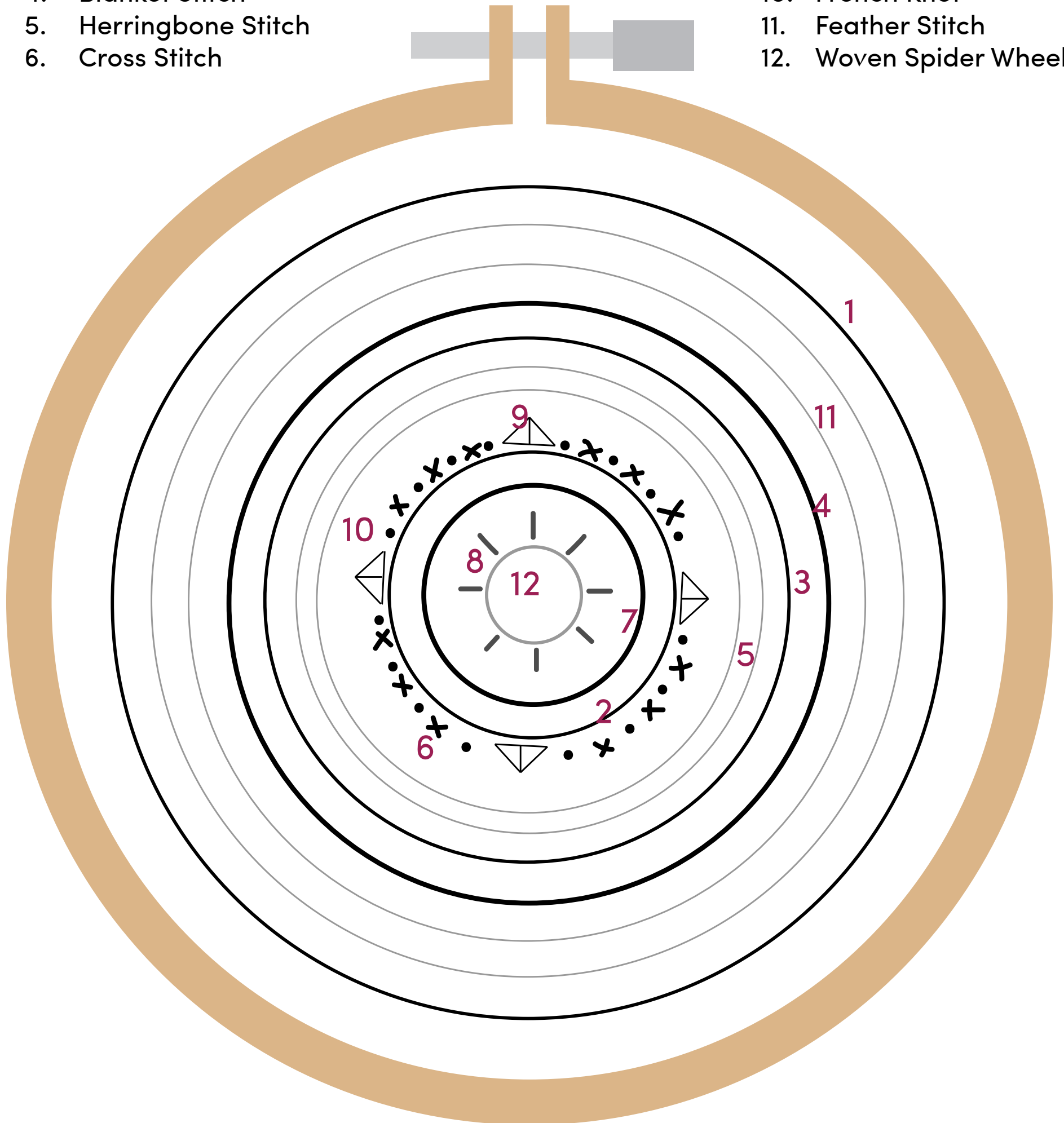4. Blanket Stitch
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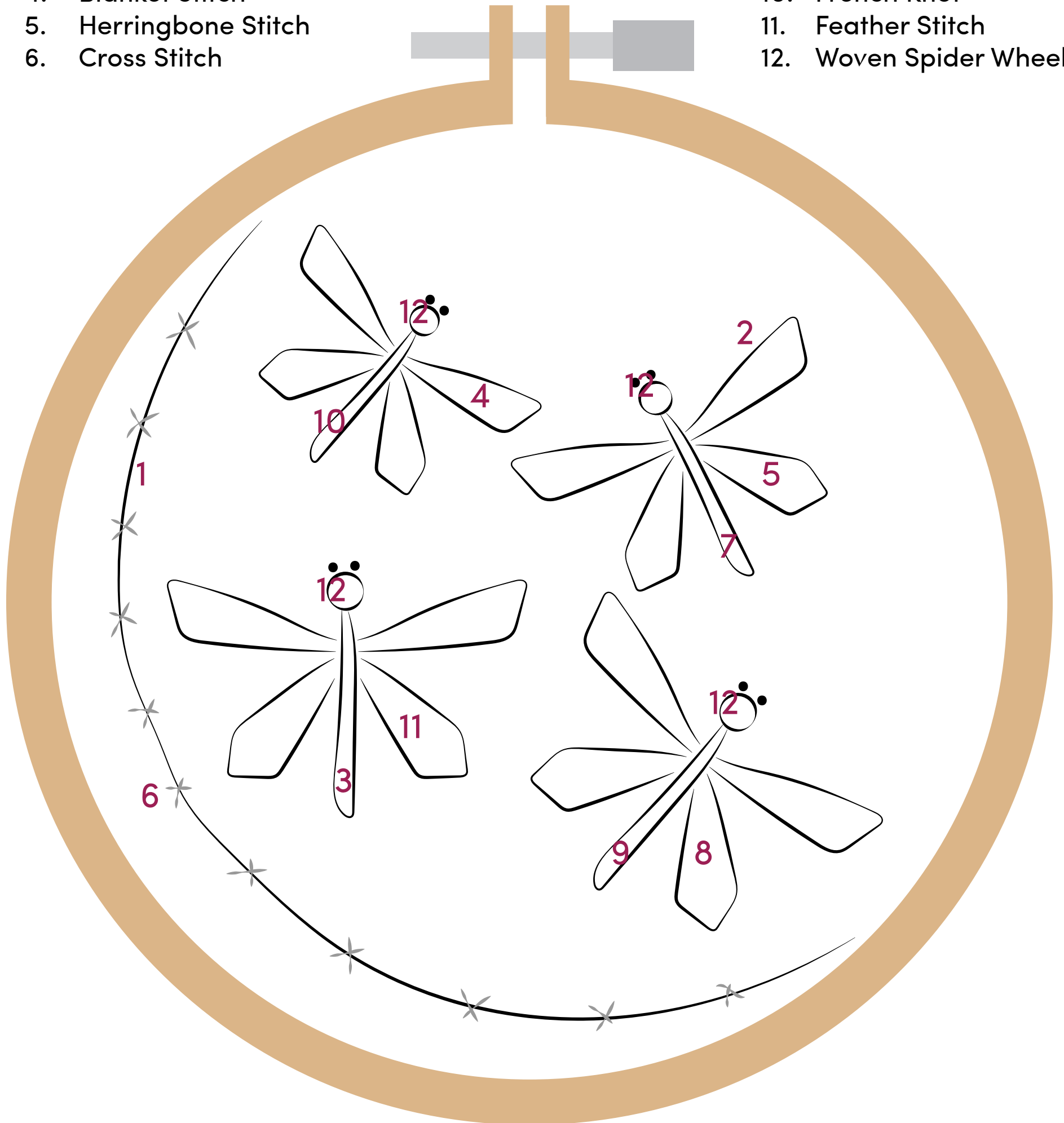11. Feather Stitch
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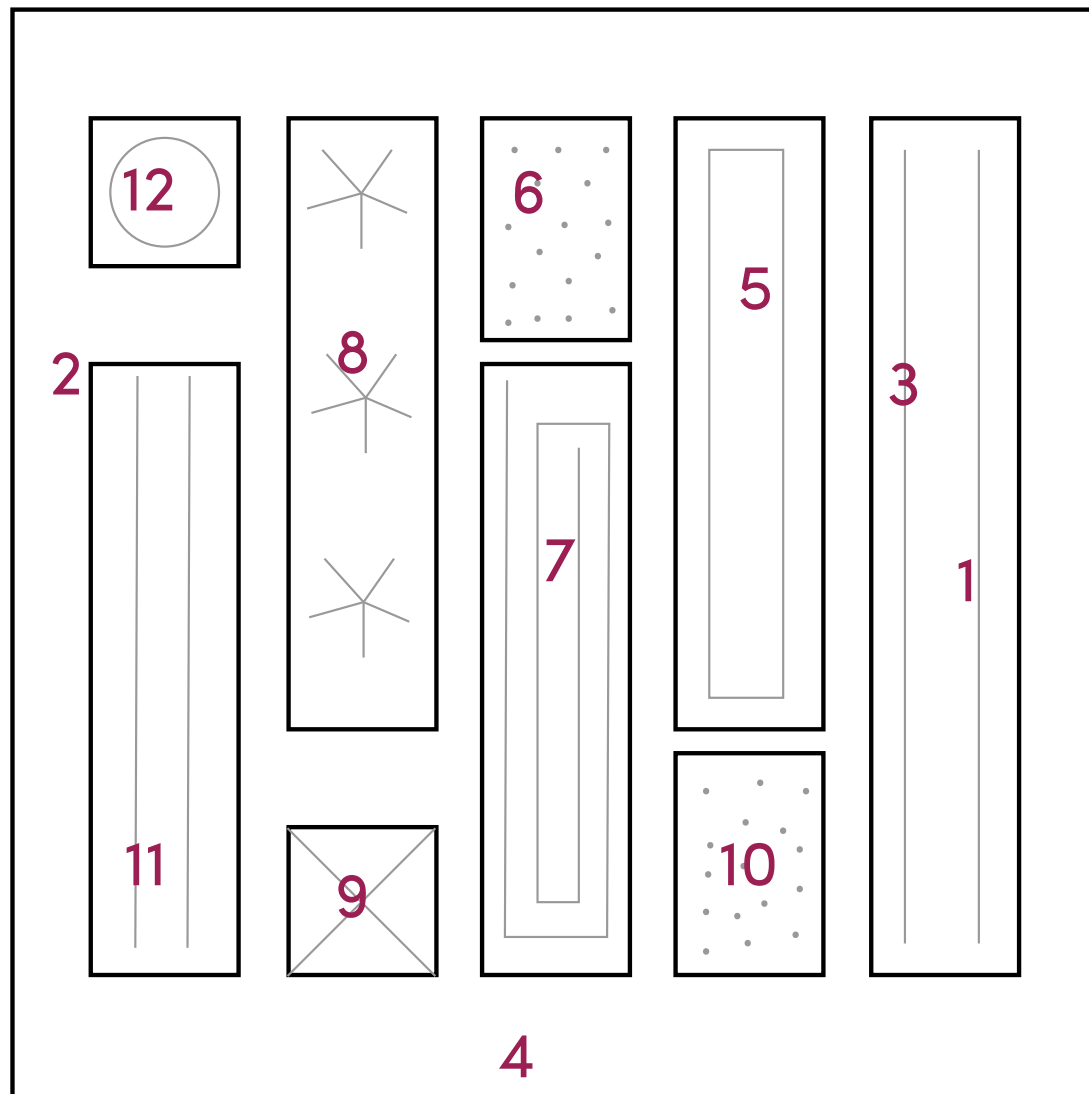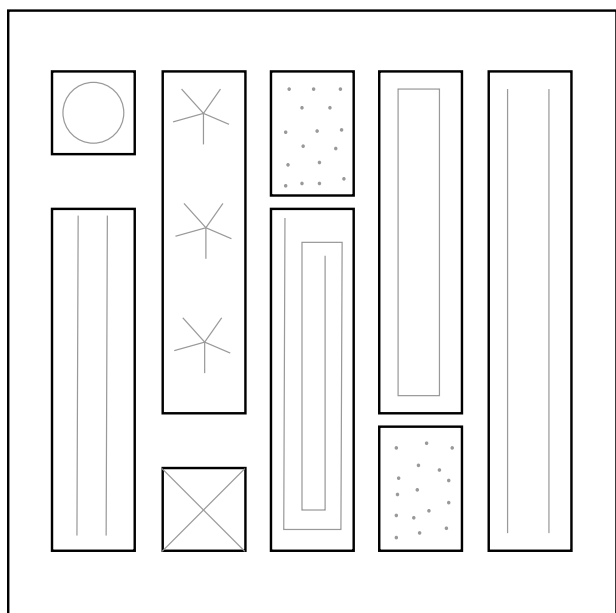11. Feather Stitch
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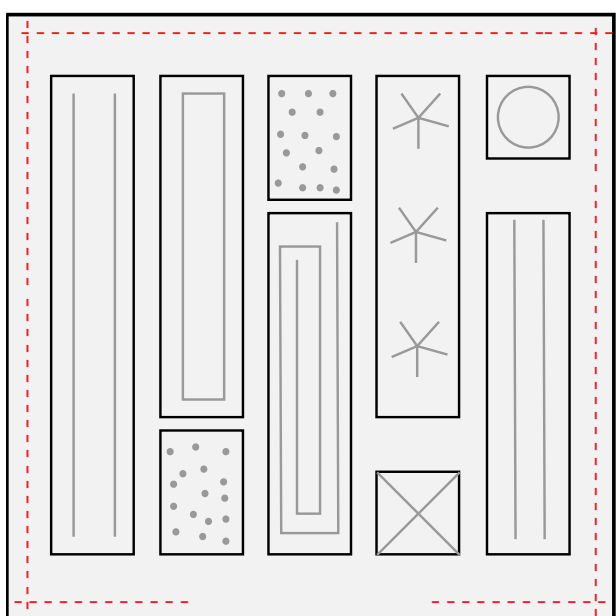11. Feather Stitch
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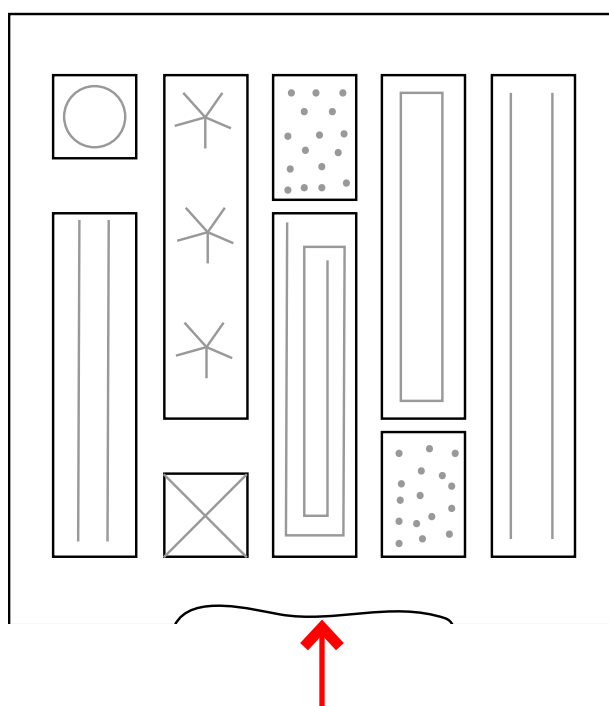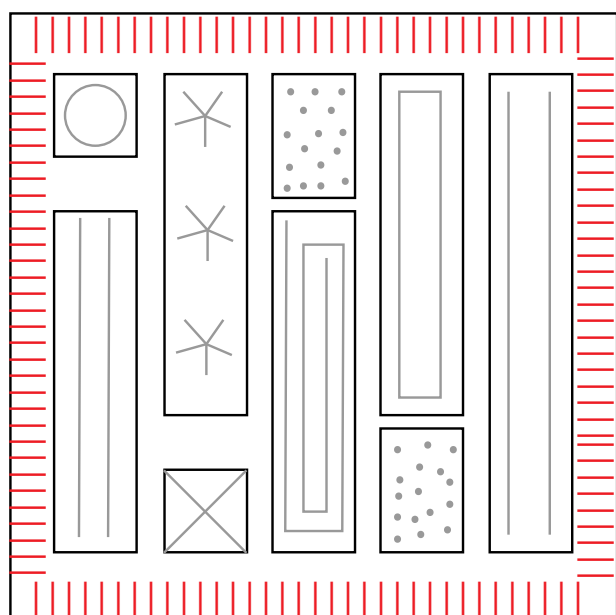11. Feather Stitch
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1 Cut two pieces of fabric 4"x 4" . Trace or draw your pattern on one of the fabrics, as shown. Stitch the embroidery.

2 Next, place both the pieces on top of each other with the good side turned inwards. Then, stitch the edges with the Running Stitch. Leave a 2" gap on one of the sides.

3 Turn the fabric inside out through the 2" gap. Now, through that gap fill in cotton or any similar filling.

4 You can now sew up the gap.

Next, work the Blanket Stitch around the edges. This would secure the edges and you will also learn how to use the Blanket Stitch in a new way!

Your very own pincushion is ready to be used. You just made something beautiful! Congratulations!